



# Carleton Endowed CE Primary School

A faithful community that loves, lives and learns with hope and joy;  
where everyone is valued and encouraged to flourish.



Friday 6<sup>th</sup> December 2024

Dear parents and carers,

## Super Science!



Year Six have been working really hard on their Evolution unit of work in Science. This week they were learning all about Darwin's theory of evolution and carried out a fascinating experiment to help them learn about the adaptations of birds. The children worked really hard to conduct fair tests and record their data clearly. Well done Year Six!



## Christmas events

It's starting to feel a bit Christmassy in school now, our advent wreath has been lit each morning and the Christmas tree is up ready for the Friends Christmas fair tonight!



From **Monday 9<sup>th</sup> December** the Christmas post-box will be in the entrance to the school. If your child would like to write Christmas cards to their friends they can post them here on a morning and they will be delivered before the end of the day.

On **Monday 16<sup>th</sup> December at 5:00pm** we will have our Nativity in church for Reception Y1 and Y2. The KS2 children will be able to watch the dress rehearsal in the afternoon. We will hold a collection for the church and to cover school costs at the end of the service.

**Wednesday 18<sup>th</sup> December** is Christmas dinner day. The children are invited to wear something Christmassy if they would like to.

**Thursday 19<sup>th</sup> December** we will hold our carol concert in church with a mix of new and traditional Christmas carols. All parents and carers are welcome to attend. We will hold a collection for the church at the end of the service.



## Y5 Ancient Greece Workshop

Sadly the Y5 workshop was cancelled today due to the facilitator being unwell. The children were really disappointed, but it has been rescheduled for Monday 16<sup>th</sup> December

## Mental Health Support team

### Parent/Carer Support Group

Supporting Emotional and Mental Health



**THIS MONTHS TOPIC:**  
**THE RELATIONSHIP BETWEEN PHYSICAL & MENTAL HEALTH**



At this months Parent Support Group we will be discussing the relationship between physical and mental health, how we can improve mental health using physical movement, and supporting children with physical health challenges

✉ [mhstparentsupport@bdct.onmicrosoft.com](mailto:mhstparentsupport@bdct.onmicrosoft.com)

Please find attached information regarding **an online Parent Support Group** which is run by the Bradford and Craven NHS Mental Health Support Team. This month's session looks at the relationship between children's physical and mental health.

The monthly online support sessions are held over Teams and are facilitated by mental health practitioners.

The sessions encourage parents/carers participation - providing a safe space for them to share experiences, build positive relationships and receive peer support. Alongside this, parents will receive useful information and strategies around the chosen monthly topic.

### House points

This week's winners are Beckside who have taken the lead over the half term!

	Beckside	Heslaker	Ramper	Slingsby	Westwood	Wilkinson
This week	185	112	177	177	54	103
Total this half term	858	683	722	855	538	665

Kind regards,

Mrs H Dudman  
Headteacher

### Dates for your Diary

Date	Event
Monday 9 <sup>th</sup> December	Post box out in school
Thursday 12 <sup>th</sup> December	EYFS/Y1/Y2 celebration worship – All parents/carers welcome
Monday 16 <sup>th</sup> December	EYFS/Y1/Y2 Nativity 5pm in Church
Wednesday 18 <sup>th</sup> December	Christmas Dinner
Thursday 19 <sup>th</sup> December	Christmas Carol service 9:15am
Friday 20 <sup>th</sup> December	Break up for Christmas
Monday 6 <sup>th</sup> January	TRAINING DAY school closed
Wednesday 8 <sup>th</sup> January	EYFS parents - 2nd phonics workshop 5pm
Wednesday 15 <sup>th</sup> January	Friends meeting in school 6:30pm
Thursday 16 <sup>th</sup> February	Ks2 celebration worship– All parents/carers welcome
Thursday 23 <sup>rd</sup> January	EyFS/Y1/Y2 celebration worship – All parents/carers welcome
Thursday 6 <sup>th</sup> January	Y5 and 6 Young Voices
Friday 14 <sup>th</sup> February	Break up for half term
Monday 24 <sup>th</sup> February	TRAINING DAY
Tuesday 25 <sup>th</sup> Feb	Children return to school after the holidays
Monday 10 <sup>th</sup> March	Year 5 Residential to High Adventure
Friday 4 <sup>th</sup> April	Break up for Easter Holidays
Tuesday 22 <sup>nd</sup> April	Children return to school after the holidays
Monday 21 <sup>st</sup> July	Children break up for Summer holidays
Tuesday 22 <sup>nd</sup> July	TRAINING DAY

Term dates can be found on our school website

<https://www.carletonendowedprimary.org.uk/calendar/term-dates>

## Useful information

### Children's Mental Health and Wellbeing - North Yorkshire inourplace



North Yorkshire council are offering free online courses dedicated to improving emotional health and wellbeing for parents, children, teenagers, adults and grandparents using the Solihull approach- take a look to find out more!

[youngminds.org.uk/parent](http://youngminds.org.uk/parent) The **Young Minds** website gives lots of really good advice for young people and parents who are worried about a child

Humber and North Yorkshire Integrated Care Partnership lead the Go to – a website full of advice for young people and their parents [thegoto.org.uk](http://thegoto.org.uk)

[The Go-To](http://thegoto.org.uk) is a really useful website that provides information and signposting to North Yorkshire services for parents who would like support with children and young people's mental health and wellbeing. If you are concerned about your child's mental health do take a look at the resources that are out there to help you.

### Keeping Children safe online

There is a lot of guidance available to help parents with talking to children about what they are accessing online. You can find this on the [online safety](#) page of our website or take a look on one of the following websites:

[nspcc.org.uk/keeping-children-safe](http://nspcc.org.uk/keeping-children-safe)

[www.thinkuknow.co.uk/](http://www.thinkuknow.co.uk/)

[saferinternet.org.uk/guide-and-resource/parents-and-carers](http://saferinternet.org.uk/guide-and-resource/parents-and-carers)

### SEND

Some support groups for parents of children with additional needs

[posch.org.uk/groups-and-support/](http://posch.org.uk/groups-and-support/)

[sendiassnorthyorkshire.co.uk](http://sendiassnorthyorkshire.co.uk)

### Our Facebook Page

We are now on Facebook- please like and share our page! We will be posting regular updates and information here for our parents/ carers and school community.

**\*\*\* WE ARE A NUT FREE SCHOOL. WE HAVE CHILDREN IN SCHOOL WITH SERIOUS NUT ALLERGIES. PLEASE DO NOT SEND IN ANY ITEMS THAT MAY CONTAIN NUTS \*\*\***